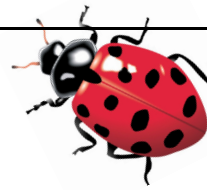


# How to grow an Egghead!



Here's a quick little project that's a whole lot of fun for kids.

## Step 1

Grab a few eggs and gently tap around the top with the edge of a spoon. This will break through the shell and allow you to flip off the top. Empty out the egg into a bowl to be used later in cooking. Rinse the inside gently and allow to dry.

## Step 2

Grab some textas and draw on faces. The sillier the better!

## Step 3

Fill the inside with cotton wool. Push a fair bit in as it will sink down when watered. You can also use fine potting mix if you don't have cotton wool handy.

## Step 4

Gently water the cotton wool or potting mix with a solution of **eco-seaweed**. You want it to be damp but not soaking wet. The eco-seaweed helps speed germination and growth of the seedlings.

## Step 5

Sprinkle seeds over the damp cotton wool. Use a lot so that the cotton wool is almost covered with seed. That way your egghead will have thick hair.

Noone wants a ball egghead ☺

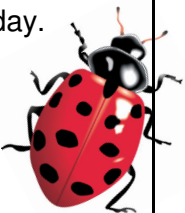
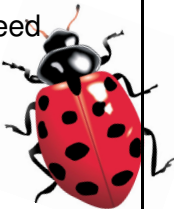
## Step 6

No comes the fun part – waiting. Seeds will germinate in a couple of days and start growing. Make sure they stay moist by misting with water each day.

## Ideal Seeds for Eggheads

Cress	Kale	Alfalfa	Chia
Mustard	Rocket	Radish	Watercress

All are edible so the egghead can get a haircut and the cuttings used in a salad or on a sandwich. Yum!



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